



## Call-on Congress Breakout Sessions

Sunday, March 17<sup>th</sup>, 2:00pm-4:15pm

Each attendee selected their top three sessions during registration and was assigned into two sessions.

Sessions are 1-hour long (2:00pm-3:00pm, 3:15pm-4:15pm)

Title	Description	Presenter	Room
Your Career and Cancer	A cancer diagnosis doesn't always mean it's time to quit the daily grind. Join this breakout session to learn about issues concerning employment during treatment. Topics covered will include disability, employment laws, insurance, when to keep working hard and when to slow down, and more.	Chrissy Brennan, BA <i>Director of Programs, Cancer and Careers</i>	Lincoln Room
What's all the buzz about bud? Integrative medicine 101	Learn the basics of integrative medicine – what it is and how it may be used in cancer care. In addition, this session will touch on medical cannabis. Learn all the ins and outs of cannabis – how it works, legality, and more.	Mikhail (Misha) Kogan, MD, ABIOM, RCST <i>Medical Director, George Washington Center for Integrative Studies</i>	Francis Scott Key Salon A
Alphabet Soup: Understanding Cancer Tests and Biomarkers	Genomics, genetics, wild-type, mutant, and a whole bunch of letters. Join this interactive session to clear up any confusion you may have about biomarkers and biomarker testing.	Cathy Eng, MD, FACP <i>Professor, MD Anderson Cancer Center</i>	Francis Scott Key Salon B
Are You Aware of Awareness? Tips on how to advocate all year long	March is CRC Awareness month...but that doesn't mean you can't wave your blue ribbon in the air all year long! Join this session to learn about fun and unique ways to raise awareness.	Carol Blymire, MS <i>Founder and CEO, Ocean Strategic Communications</i>	Capital View Ballroom
Talking to Children and Teens about Cancer	A growing number of young adults with CRC means a growing number of kids with parents facing the disease. This session will cover how a cancer diagnosis can affect your child, suggestions for how to talk about cancer, and other ways to make sure your family is part of your support.	Leslie Welch, MS, CCLS	Madison Room



<p>Nutrition: Tips for Tummy Troubles and More</p>	<p>This session will cover nutrition for bowel obstruction, how to eat well with an ostomy, and more. Come ready with questions because half of this session will be a moderated Q&amp;A!</p>	<p>Michelle Myers, MS, RD <i>Registered Dietician, Savor Health</i></p>	<p>Monroe Room</p>
--	---	---	--------------------